



Raymond Davi
Clarity of Purpose

Name _____ date _____

Are You Ready for Coaching? Take This Quiz!

Rate yourself on a scale of 1 ("No, not at this time") to 5 ("Yes, absolutely"): Am I ready to create more focus in my life and career? Am I ready to grow personally and professionally?

- ___ 1) Am I ready to create more focus in my life and career?
- ___ 2) Am I ready to grow personally and professionally?
- ___ 3) Am I open to trying new ideas instead of continuing to do the things that have not worked in the past?
- ___ 4) Am I ready to create and clarify a compelling vision for my life and career?
- ___ 5) Am I ready to take action on that vision?
- ___ 6) Am I willing to stop self-defeating behaviors?
- ___ 7) Am I ready to start managing my time & decision-making effectively?
- ___ 8) Am I willing to discover and change fears and beliefs that hold me back?
- ___ 9) Am I ready to accept responsibility for my success and happiness in my life & career?
- ___ 10) Am I willing to do homework between my coaching calls?
- ___ 11) Am I willing to make the time commitment necessary to make each coaching appointment, without distractions during the session?
- ___ 12) Am I willing to invest time, money, will-power and energy into taking better care of myself and creating the career and life I want?
- ___ 13) Am I ready to create balance in my work and home life?
- ___ 14) Am I ready to create a great habit of self-discipline?
- ___ 15) Am I ready to act self-confidently?
- ___ 16) Am I ready to be self-motivated?

Your Score

If your score is:

20 – 40: Take a look at yourself and your life, and ask yourself if you're ready to create the life you want. What's the first thing you'd like to work on?

40 – 60: You're ready to take control of your life, your business and your personal success. A coach can help you create the strategy and actions for moving forward!

60 – 80: You're probably already moving forward on designing the life and business you want and deserve. A coach can help you move across the finish line!

Signature _____